

**TABLA DE MAREAS ILO**

<b>01 MAY. 2026</b>	<b>01:20</b>	<b>07:57</b>	<b>14:18</b>	<b>20:00</b>
	14 cm	118 cm	26 cm	80 cm
<b>02 MAY. 2026</b>	<b>01:50</b>	<b>08:33</b>	<b>15:07</b>	<b>20:38</b>
	16 cm	120 cm	25 cm	74 cm
<b>03 MAY. 2026</b>	<b>02:18</b>	<b>09:08</b>	<b>15:54</b>	<b>21:16</b>
	19 cm	119 cm	25 cm	68 cm
<b>04 MAY. 2026</b>	<b>02:45</b>	<b>09:44</b>	<b>16:40</b>	<b>21:55</b>
	23 cm	116 cm	26 cm	63 cm
<b>05 MAY. 2026</b>	<b>03:11</b>	<b>10:22</b>	<b>17:26</b>	<b>22:39</b>
	27 cm	112 cm	27 cm	59 cm
<b>06 MAY. 2026</b>	<b>03:38</b>	<b>11:04</b>	<b>18:15</b>	<b>23:31</b>
	31 cm	107 cm	29 cm	56 cm
<b>07 MAY. 2026</b>	<b>04:08</b>	<b>11:52</b>	<b>19:10</b>	-
	35 cm	103 cm	31 cm	-
<b>08 MAY. 2026</b>	<b>00:33</b>	<b>04:47</b>	<b>12:44</b>	<b>20:09</b>
	55 cm	40 cm	99 cm	31 cm
<b>09 MAY. 2026</b>	<b>01:45</b>	<b>05:58</b>	<b>13:39</b>	<b>21:04</b>
	57 cm	45 cm	97 cm	30 cm
<b>10 MAY. 2026</b>	<b>03:04</b>	<b>07:47</b>	<b>14:35</b>	<b>21:49</b>
	61 cm	48 cm	95 cm	28 cm
<b>11 MAY. 2026</b>	<b>04:12</b>	<b>09:16</b>	<b>15:30</b>	<b>22:24</b>
	69 cm	47 cm	95 cm	24 cm
<b>12 MAY. 2026</b>	<b>04:57</b>	<b>10:22</b>	<b>16:21</b>	<b>22:56</b>
	79 cm	44 cm	94 cm	20 cm
<b>13 MAY. 2026</b>	<b>05:33</b>	<b>11:17</b>	<b>17:09</b>	<b>23:27</b>
	90 cm	40 cm	92 cm	15 cm
<b>14 MAY. 2026</b>	<b>06:09</b>	<b>12:09</b>	<b>17:55</b>	<b>23:59</b>
	104 cm	34 cm	90 cm	10 cm
<b>15 MAY. 2026</b>	<b>06:46</b>	<b>13:02</b>	<b>18:41</b>	-
	117 cm	28 cm	86 cm	-
<b>16 MAY. 2026</b>	<b>00:34</b>	<b>07:25</b>	<b>13:56</b>	<b>19:29</b>
	6 cm	128 cm	21 cm	82 cm
<b>17 MAY. 2026</b>	<b>01:13</b>	<b>08:08</b>	<b>14:52</b>	<b>20:21</b>
	4 cm	136 cm	16 cm	77 cm
<b>18 MAY. 2026</b>	<b>01:56</b>	<b>08:54</b>	<b>15:50</b>	<b>21:18</b>
	5 cm	139 cm	13 cm	72 cm
<b>19 MAY. 2026</b>	<b>02:43</b>	<b>09:46</b>	<b>16:49</b>	<b>22:21</b>
	8 cm	137 cm	12 cm	69 cm
<b>20 MAY. 2026</b>	<b>03:35</b>	<b>10:42</b>	<b>17:50</b>	<b>23:27</b>
	13 cm	132 cm	13 cm	67 cm
<b>21 MAY. 2026</b>	<b>04:32</b>	<b>11:41</b>	<b>18:51</b>	-
	19 cm	126 cm	14 cm	-
<b>22 MAY. 2026</b>	<b>00:34</b>	<b>05:36</b>	<b>12:40</b>	<b>19:52</b>
	67 cm	26 cm	118 cm	15 cm
<b>23 MAY. 2026</b>	<b>01:43</b>	<b>06:49</b>	<b>13:39</b>	<b>20:48</b>
	70 cm	33 cm	110 cm	16 cm
<b>24 MAY. 2026</b>	<b>02:53</b>	<b>08:08</b>	<b>14:37</b>	<b>21:37</b>
	75 cm	37 cm	102 cm	16 cm
<b>25 MAY. 2026</b>	<b>03:59</b>	<b>09:27</b>	<b>15:35</b>	<b>22:19</b>
	82 cm	39 cm	94 cm	16 cm
<b>26 MAY. 2026</b>	<b>04:54</b>	<b>10:38</b>	<b>16:33</b>	<b>22:57</b>
	92 cm	38 cm	87 cm	16 cm
<b>27 MAY. 2026</b>	<b>05:41</b>	<b>11:41</b>	<b>17:26</b>	<b>23:33</b>
	101 cm	36 cm	80 cm	16 cm
<b>28 MAY. 2026</b>	<b>06:22</b>	<b>12:39</b>	<b>18:15</b>	-
	110 cm	33 cm	75 cm	-
<b>29 MAY. 2026</b>	<b>00:08</b>	<b>07:00</b>	<b>13:33</b>	<b>19:01</b>
	16 cm	116 cm	29 cm	70 cm
<b>30 MAY. 2026</b>	<b>00:43</b>	<b>07:37</b>	<b>14:22</b>	<b>19:44</b>
	17 cm	120 cm	25 cm	67 cm
<b>31 MAY. 2026</b>	<b>01:17</b>	<b>08:13</b>	<b>15:06</b>	<b>20:25</b>
	18 cm	121 cm	23 cm	64 cm